



## VA-St. Louis Health Care System Geriatric Physical Therapy Residency

VA-St. Louis Health Care System is proud to offer an ABPTRFE-accredited geriatric physical therapy residency program. The mission of this program is to train thoughtful clinicians who can integrate and synthesize geriatric physical therapy specialty practice, knowledge, and skill in an effort to provide our veteran population with outstanding, evidence-based physical therapy services across the continuum of care. Our didactic and clinical curriculum are carefully designed offering the resident the best opportunity for immediate integration of didactic knowledge with clinical practice, thereby fostering advanced clinical decision-making in the area of geriatrics.

### Resident Opportunities

#### Available Clinical Settings:

- Geriatric Evaluation and Management Unit
- Inpatient Rehabilitation
- Hospice & Palliative unit
- Acute Care including Intensive Care Units
- Outpatient Rehabilitation
- Home-Based Primary Care
- Cardiopulmonary Rehab Program

#### Specialty Clinic Opportunities:

- Movement Disorder Clinic, MS Clinic, ALS clinic, wound rounds, amputee clinic, low vision clinic, pelvic floor clinic, wheelchair clinic, driver's training clinic, aquatic clinic, orthotic clinic, lymphedema clinic, falls education series

#### Additional Experiences:

- Didactic coursework through face-to-face instruction and advanced practice webinars
- One-on-one clinical instruction and mentorship provided from a variety of Board-Certified Clinical Specialists
- Collaboration with interdisciplinary team
- Resident-directed scholarly project
- Continuing education and professional development opportunities



### Program Highlights:

- Clinical content will include screening, evaluation and treatment of older adult veterans with a variety of medical conditions in all practice settings at the VA-St. Louis Health Care System.
- Didactic opportunities include webinars, conferences, professional presentations, and journal clubs.  
Additional didactic opportunities may include classroom and laboratory training at Maryville University.
- Clinical specialists and content experts will provide clinical mentoring during direct patient management. VA faculty will provide additional mentoring in areas of teaching, critical inquiry, and research.
- Program graduates are eligible to sit for the ABPTS Geriatric Physical Therapy Specialist Board Exam.
- Residents will complete the APTA Clinical Instructor Level 1 Credentialing Course.
- Geriatric PT Program graduation rate: 100%; Cumulative VA-St. Louis PT residency Program graduation rate: 78%
- Geriatric Physical Therapy Board Certification Exam pass rate for program graduates: 100%
- Cumulative Physical Therapy Residency Program Exam pass rate for program graduates: 100%

### Additional Information:

- The residency program is 12 months in length, not to exceed 13 months in special circumstances.
- Residents are full-time salaried employees of the VA-St. Louis Health Care System with access to health benefits, life insurance, and paid time off.
- There is no cost for tuition or program fees.
- Residents carry a 75% caseload to allow time for mentoring, didactic coursework, professional presentations and scholarly projects.
- The program is accredited by the American Board of Physical Therapy Residency and Fellowship Education effective 5/31/2020.

### Program Admission Requirements:

- Applicant must be a citizen of the United States of America
- Degree from a CAPTE-accredited physical therapy program
- Current physical therapy license in a state within the United States of America prior to residency start date
- Completed application through RF-PTCAS due February 1, 2022 (Applications will continue to be accepted until the position is filled)
- Performance-Based Interview
- Comply with all VA St. Louis Health Care System employment requirements

Health Professions Trainees (HPTs) are appointed as temporary employees of the Department of Veterans Affairs. As such, HPTs are subject to laws, policies, and guidelines posted for VA staff members. There are infrequent times in which this guidance can change during a training year which may create new requirements or responsibilities for HPTs. If employment requirements change during the course of a training year, HPTs will be notified of the change and impact as soon as possible and options provided. The VA Training Director for your profession will provide you with the information you need to understand the requirement and reasons for the requirement in timely manner.

## Contact Us

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